



DESTINATION: LUANG PRABANG

WHY LUANG PRABANG?

Luang Prabang is a UNESCO World Heritage town not just because of the glittering temples and unique fusion of French-Lao architecture, but because of the whole totality of its cultural richness. This includes, specific to this theme, cuisine! War history buffs will be interested to learn about the "Secret War" which took place in Laos during the 1970s.

Luang Prabang has a great diversity of family-friendly activities which also hit the theme of food and sustainability. As a UNESCO town, a lot of effort is put into cultural preservation and locals take great pride in their traditions. There is not as much in the way of war history but the UXO center does provide some fascinating insight.

The elephant experience is one of the best in Southeast Asia and a great activity for the kids, especially getting up close and personal. The sanctuary also produces its own organic food!









LUANG PRABANG

DAY INTRODUCTION TO LUANG PRABANG AND INSIGHT INTO THE HISTORY OF THE "SECRET WAR"

Morning early wake-up and monks' alms giving ceremony. Rise early to greet local monks robed in bright saffron garb to join the locals in the morning alms procession.

Enjoy breakfast at a local friend's house. A morning with a local personality, you will not only have a scrumptious breakfast, but take in breathtaking views over the Mekong River.

Visit the highlights of the UNESCO town with an expert host. Get to know about the temples and local community culture of Luang Prabang with an expert on the topics. Visit of UXO Lao center. Gain an insider's point of view about Laos' Secret War that took place at the time of the Vietnam War.







LUANG PRABANG

DAY ORGANIC LAOS

Today is all about learning, in a fun and interactive way, about some of the sustainability-driven eco-movements around Luang Prabang.

We start with a visit to a rice-growing area to learn all about this all-important staple food and the local farmers will teach us how to make your own rice noodles for lunch. In the afternoon we will take part in a private coffee making seminar, hosted by the forward-thinking and passionate coffee enthusiasts at Saffron Coffee.

For dinner, we will participate in an exclusive cooking class with Mr Joy of Tamarind restaurant. He escorted Gordon Ramsey in Laos to record his TV show.





LUANG PRABANG

DAY ELEPHANT LOVE, KAYAKING, AND SUNSET CRUISE

Today we will head to the village of Xieng Lom, from where you'll take a quick boat ride across the Nam Khan River to meet your elephant companions for the day. You will be introduced and given the chance to feed them some special treats before watching and helping (if you wish) as the elephant trainers give them a bath and spa treatment. And then the main event: a 2.5 kilometre\\er trek alongside the elephants through jungle, streams, and rice fields. This experience is likened to a type of therapy as the gentle, slow movement of the elephants in a lush and stress-free environment produces remarkably calm energy.

After the trek you will be served a delicious Lao meal freshly made from organic produce grown on-site. There you can relax, kick-back, and process the day's experiences on the veranda overlooking the river and misty mountains.

After lunch, you will find your kayaks waiting for you on the banks of the river. Our local kayaking specialist will run through equipment and safety basics before you launch into the gentle flow of the stream. You'll be surrounded by mountain views and sleepy life along the waterways and may even catch glimpses of elephants being brought to bathe in the river by their mahouts.

In the late afternoon we will take a private cruise. Accompanied by Lao dancers, we will enjoy a lovingly arranged dinner on the boat as the sun sinks on the horizon.









THE SMILING ALBINO DIFFERENCE

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